



AI SL News

A publication of Australian International Shooting Limited

ISSUE 4

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SPECIAL POINTS OF INTEREST:

Beijing Olympic Team
Announcement

National Talent and
Development Pro-
gramme

Australian Junior Com-
monwealth Games
Squad for 2008

Australia Cup Results

Sport Connect

From The President

Shortly before this newsletter is released it will have been announced who will represent Australia at the Olympics. Trying to make the team has been a nerve wracking time for all those who have been pursuing qualification. Congratulations to the team members. I have no doubt you will represent your country and yourself with pride and to the best of your ability.

As I write this it is less than five months to the opening ceremony. For our final team members attendance at the opening ceremony will not only realise a life long dream for some but enable others to renew their Olympic dream. The team could not function without our wonderful volunteers and our thanks go to them for their continued support and dedication to the shooting sports during the elimination process and beyond.

The office is snowed under at the moment dealing with visas and travel applications as well as assisting in the organisation of the many events that need to be attended by our elite competitors. The Board appreciates all their hard work. If as an elite competitor you are requested to provide information to the office please do so expediently. It really does make the office staff's life easier and your transition from home to a competition ground much smoother.

It hardly seems possible that almost four years have passed since the last Olympics. To those who are not part of this year's team be assured that the next four years will go as quickly and with the Commonwealth Games now only two years away there will hardly be time to take a breath after the Olympics.

Some of you will already know that Mrs Sharon Reynolds and Mr. Russell Mark have recently been appointed to the Board. Both Sharon and Russell bring to the Board exceptional skills and an unwavering passion for the shooting sports. The Board was very pleased to have five nominations for the vacant positions although it did make for an interesting time at the Annual General Meeting when the members struggled to separate five very qualified nominees for so few positions. It ended up a bit like a long shoot-off. It was a pity that someone had to lose!

Cheryl Arnol

NATALIA RAHMAN AND STACY ROIALI IN ACTION AT AUS CUP 1



Australian Government

Australian Sports Commission

From The Office

2008 AUSTRALIAN SHOT EXPO

Australian International Shooting Limited will once again be an exhibitor at the Shot Expo which is to be held on the 24-25th May 2008 at the Sydney Showgrounds, Homebush.

We have invited our member bodies to display and promote their association in the AISL Booth. It is a fantastic opportunity to promote our sport so we encourage anyone that is interested to come along and please stop at our booth and say hello.

Stephanie Popplestone

2008 Australian Junior Commonwealth Games Squad

Congratulations to the following shooters that have been selected in the 2008 Junior Commonwealth Games Squad. As being part of this squad AISL will receive some funding to go towards an overseas trip to compete at an international level. This is a fantastic experience for our Juniors and we wish them well.

Rifle

- Alice Styles
- Will Godward
- Tyron Vitler

Clay

- Nick Kirley
- Brendan Burgess
- Anthony Sottosanti

Pistol

- Elena Galiabovitch
- Hayley Chapman
- Lucas Finken

Full Bore

- Dean Smith

HIGH PERFORMANCE COORDINATOR

Congratulations to all those who were successful at the Olympic Team Selection, however with this comes additional paperwork so please be mindful to get all documentation back to me on time.

Thanks and Good Luck!

Robyn White

High Performance Coordinator

AUSTRALIAN SPORTS COMMISSION NATIONAL TALENT ID AND DEVELOPMENT PROGRAMME

AISL has embarked on a Talent Identification Development program built around the pistol program under the National Head Coach, Anatoly Babushkin. The program will seek to identify talent and support that talent by the appointment of regional coaches.

Congratulations on the following athletes have been identified and selected in the National Talent ID Development Programme

- Emily Esposito
- Chloe Esposito
- Allana Slater
- Alfio Cassegrande
- Sebastian Hume
- Hayley Chapman

The first of a series of camps was held in Adelaide in January at the picturesque Sturt Pistol Club. It was very successful and gave the participants a great opportunity to train in a team environment.

David Chapman was also in attendance gaining experience in the coaching area.

Allana Slater had her first official outing competing at AUS CUP 2 and scored 552 in Women's Air with Chloe and Emily Esposito not far behind. Well done Girls!

REST IN  PEACE

It is with much sadness that we learnt of the sudden tragic passing of Paul Golden's wife last month. Paul, our thoughts are with you and your family at this most difficult time.

SPORT CONNECT

As many of you know, AISL has been included in the ASC's Sport Connect Program (formerly Project Connect). The aim of Sport Connect is to assist sports in becoming more inclusive of people with disabilities. This project involves identifying the current situation with regard to the way people with disabilities are included in our sport; and determining areas and strategies for improvement.

Recently we sent questionnaires to the National and State Associations for each affiliate, as well as to all of the clubs. Individual members were also encouraged to comment. The response from has been very positive, with 126 questionnaires returned from clubs, and 76 questionnaires returned from individuals. Thank you so much for taking the time to share your thoughts, ideas and strategies. Thank you also to the State Associations who posted the questionnaires on our behalf and distributed it to individuals.

The responses have been collated and the comments and strategies will be used to form some recommendations for future directions for the inclusion of people with a disability in this sport. The final report will be available at the end of April.

Thanks once again.
Carrie Quigley

CONGRATULATIONS

To Sue McCreedy and Daniel Repacholi who were married on 1st March 2008. We wish you all the best in the future.

BOUND FOR BEIJING

Australia's Oldest Gold Medallist

*Bill Northam
(yachting) 59 years 26
days 5.5m, Tokyo 1964*

Australia's Youngest Gold Medallist

*Sandra Morgan
(swimming) 14 years 6
months 4x100m free-
style relay, Melbourne
1956*

Australia's Oldest Male Medallist

*James (Bill)
Roycroft
(equestrian) 61
years 122 days
Equestrian Event-
ing, Montreal 1976*

Australia's Oldest Female Medallist

*Patricia (Patty)
Dench (Shooting 52
years 142 days Los
Angeles 1984
(bronze medal)*

*Shooting has 3 athletes
that have represented
Australia at 4 different
Olympics they are:*

*Russell Mark 88 Seoul;
92 Barcelona;
96 Atlanta and 2000
Sydney*

*Michael Diamond
92 Barcelona,
96 Atlanta;
2000 Sydney and 2004
Athens*

*Phillip Adams
84 Los Angeles;
88 Seoul; 92 Barcelona
and 96 Atlanta*

Beijing Olympic Team

On Thursday, 13th March at the Melbourne International Shooting Complex the Australian Olympic Committee announced the 2008 Beijing Olympic Shooting Team. As there are currently 3 positions under appeal, only 10 of the positions were announced. Congratulations to the following athletes who have been official selected in the team to date.

- *Russell Mark*
- *George Barton*
- *Stacy Roiall*
- *Natalia Rahman*
- *David Moore*
- *Bruce Quick*
- *Dina Aspandiyarova*
- *Lalita Yahleuskaya*
- *Warren Potent*
- *Matthew Inabinet*

What a fantastic effort and a very exciting time lies ahead with all the official activities leading up to Beijing.



OLYMPIC TEST EVENT 9TH—21ST APRIL BEIJING

Our Australian Olympic Shooting team are off to Beijing to compete at the Olympic Test Event. We wish everyone a safe and successful trip.

'TOWARDS OLYMPICS' SMILING SERVICE

The symbol for the "Towards Olympics" smiling service has been unveiled in front of a crowd of over 3,000 people at the Olympic Sports Centre Stadium.

At the unveiling ceremony, representatives from all service trades in the Olympic City staged a variety of performances, e.g., dancing, poetry recitals and talent shows, to voice the confidence of a million staff members in the Olympic battle. Nearly 18 districts and 14 industries joined in the ceremony.

Zhu Shanlu, who is in charge of the coordination for Olympic training, pointed out that the large number of people working in different service trades should join together to realise a new Beijing and a great Olympics.



USEFUL OLYMPIC WEBSITES

<http://www.ausshooting.org> (Australian International Shooting Limited)

www.olympics.com.au (Australian Olympic Committee)

<http://en.beijing2008.cn/> (Beijing 2008 Organising Committee)

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AISL is currently investigating the possibility of distributing Headstart Focus Plus.

This is a new drink on the market that some of the European sports are using.

Why is it different?

Drinks with high levels of refined sugar already contain high doses of glucose. The glucose is rapidly absorbed and leads to a fast rise of the level of blood sugar. After such sugar-injections the human pancreas increases the production of hormone insulin to neutralize the abruptly elevated level of blood sugar. The glucose then is taken out of the blood circuit and stored for a later use.

The process causes in the following to this short term "glucose high" to a reduced availability of glucose, which affects the brain as well (hypoglycaemia) with symptoms like reduced attention/and or nervousness and a lack of concentration.

"Headstart focus plus" is different! A constant supply of energy for body and mind is granted through the balanced dosage, leading to better ability of concentration and a reduced level of stress.

In field tests, a performance improvement of 12% was proven! The test persons felt more relaxed, more attentive and more determined to the tasks. Furthermore they could keep up their improved concentration over a longer period of time.

IF you are interested please feel free to contact the office and we will keep you updated on our progress.

SNIPPETS FROM ISSF NEWS

Thanks to the ISSF—For more articles visit www.issfnews.com

RECALL of ALUMINIUM AIR CYLINDERS

Already in September 2006 the companies ANSCHÜTZ in Ulm and Walter Henrich GmbH in Daaden had launched a recall of aluminum air cylinders for defined production lots of compressed air cylinders. This recall was inevitable after bursting of a compressed air cylinder in the rifle deposit box of a target shooter. The burst was caused by a material defect of the compressed air cylinder (details unter: www.walter-henrich-gmbh.de/ <http://www.sauer-daaden.de/rueckruf-anschuetz/index.php>). Since then, however, we only received about 60 % of the compressed air cylinders back for exchange. This means that there are still about 2.000 compressed air cylinders in use, and there is a considerable threat when inadmissibly using these compressed air cylinders. In the past further compressed air cylinders had blasted. There is the risk of serious injuries and even danger to life! Till now, all taken measures could not ensure the necessary, inevitable return of all compressed air cylinders in question. Therefore we started anew to inform the public. (See attached file: Procedure to empty the air cylinder.pdf)(See attached file: Recall of aluminum air cylinders.pdf) (See attached file: IMG_6939.jpg)(See attached file: IMAG0031.jpg)
» Procedure to empty the air cylinder.pdf
» Recall of aluminum air cylinders.pdf

Age in competitive sports

An Analysis of age limits in the 15 Olympic Events

By Tatiana Polykova, Professor at the university of Physical Culture, Belarus, and medal winner at the European Junior Championships 1998-2000 in the Running Target junior women's event

The degree of strength in international shooting sports is growing. This occurs due to the fact that shooting sport athletes are physically better prepared as well as the fact that there has been considerable technical progress in the sports equipment.

But, how old are our champions?

This analysis will answer the question about the age of our top shooters. During the 2004 to 2007 period, a total of 14530 starts at 16 international ISSF competitions including the Olympic Games 2004 (OG), World Championships 2005-2007 (WCH), and World Cups 2005—2007 (WC) have been analysed.

All 15 Olympic events in rifle, pistol and shotgun were studied; in each case, the age of the champion and the average age of the medal winners, of the finalists and of all participants were taken into consideration.

The question how old are our winners could be answered as follows:

In the events 10m air rifle and 10m air pistol the best results are achieved by “younger” athletes (men and women).

In the cal .22 small bore events (rifle, pistol) and in the shotgun events the average age of the champions, the medal winners and the finalist is well above the average of all participants.

The peak level of the career of active top sport shooters differs among the various events.

The champions of each individual event are not in the same age group—quite the contrary: on the agenda, there appears to be an age difference between champions of up to 30 years. The youngest champion was 16 year old, the oldest 55 years.

The largest age differences (youngest/oldest) of the winners in various events:

This analysis may be useful for coaches and athletes when they plan the preparation of individual Olympic cycles for each of the 15 shooting events.

MEN

50m Rifle 3 positions men (FR3x40)	31-35 years old
50m Rifle prone men (FR60PR)	32-34 years old
10m air rifle men (AR60)	25-29 years old
50m free pistol men (FP)	33-34 years old
25m rapid fire pistol men (RFP)	33-38 years old
10m air pistol men (AP60)	33-34 years old
Trap men (Tr125)	31-36 years old
Double Trap (DT150)	31-34 years old
Skeet men (SK125)	32-34 years old

WOMEN

50m 3 positions women (STR3x20)	26-32 years old
10m air rifle women (AR40)	24-27 years old
25m Sport pistol women (SP)	30-33 years old
10m air pistol women (AP40)	28-32 years old
Trap women (TR75)	32-34 years old
Skeet women (SK75)	29-33 years old

AUSTRALIA CUP RESULTS

For Full results refer to www.ausshooting.org

Australia Cup 1

Sydney International Shooting Centre

15th—17th February 2008

RIFLE RESULTS

10 m Air Rifle Women

Placing		Comp Score	Final	Total
1st	BHAGWANT, Anjali India	395	100.5	495.5
2nd	TEJASWINI, Sawant India	392	103.3	495.3
3rd	SMITH, Susannah, NSW	388	103.0	491.0

10m Air Rifle Men

Placing		Comp Score	Final	Total
1st	RAGHUNATH, P.T. India	593	103.0	696.0
2nd	NARANG, Gagan, India	592	103.6	695.6
3rd	RAJPUT, Sanjeev, India	590	102.0	692.0

10m Air Rifle Women R2

Placing		Comp Score	Final	Total
1st	KOSMALA, Libby, SA	386	101.5	487.5

10m Air Rifle Men R4

Placing		Comp Score	Final	Total
1st	MARONEY, Jason VIC	594	103.3	697.3
2nd	CAIN, Luke	581	0.0	581.0

10m Air Rifle Men R1

Placing		Comp Score	Final	Total
1st	ADAMS, Ashley, QLD	590	104.0	694.0
2nd	KOSMALA, Stan, SA	558	98.0	656.0

50m Rifle 3 Positions Women

Placing		Comp Score	Final	Total
1st	BHAGWANT, Anjali, India	571	96.8	667.8
2nd	TEJASWINI, Sawant, India	573	94.1	667.1
3rd	VAN NUS, Robyn, WA	568	94.0	662.0

50m Rifle 3 Positions Men

Placing		Comp Score	Final	Total
1st	RAJPUT, Sanjeev, India	1159	93.9	1252.0
2nd	BURGE, Benjamin, VIC	1146	91.8	1237.9
3rd	NARANG, Gagan, India	1144	93.6	1237.6

50m Rifle 3 Positions Women

Placing		Comp Score	Final	Total
1st	KOSMALA Libby, SA			567

50m Rifle 3 Positions Men R7

Placing		Comp Score	Final	Total
1st	ADAMS, Ashley, QLD			1138

50m Rifle Prone Men

Placing		Comp Score	Final	Total
1st	BURGE, Benjamin, VIC	595	102.3	697.3
2nd	LOWE, Jason, SA	594	103.3	697.3
3rd	NARANG, Gagan, India	595	100.4	695.4

50m Rifle Prone Women

Placing		Comp Score	Final	Total
1st	TEJASWINI, Sawant, India			591
2nd	CARLYON, Sue NSW			589
3rd	LOWE, Debbie			586

50m Rifle 3 Positions Women R6

1st	KOSMALA, Libby SA			567
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AUSTRALIA CUP RESULTS

Australia Cup 1 Sydney International Shooting Centre 15th—17th February 2008

PISTOL RESULTS

50m Pistol Men

Placing		Comp Score	Final	Total
1st	JUNG, Samaresh, India	547	97.9	644.9
2nd	REPACHOLI, Daniel, VIC	543	99.2	642.2
3rd	MOORE, David	541	97.2	638.2

25m Pistol Women

Placing				
1st	YAUHLEUSKAYA, Lalita, VIC	584	201.8	785.8
2nd	RYAN, Linda VIC	581	201.5	782.5
3rd	ASPANDIYAROVA, Dina, VIC	583	198.4	781.4

50m Pistol Men P4

Placing				
1st	McCormack, Steve, NSW	528	82.1	610.1
2nd	HUME, Sebastian, VIC	502	82.5	584.5
3rd	NOMARHAS, James, ACT	495	77.0	572.0

25m Centre Fire Pistol Men

Placing				
1st	CHAPMAN, David, SA			579
2nd	DONNELLAN, John, NSW			557
3rd	DOWLING, Bob			556

25m Standard Pistol Mixed

Placing				
1st	CHAPMAN, David, SA			558
2nd	ROBERTS, Chris, VIC			557
3rd	FITZPATRICK, Peter			552

25m Pistol P3

Placing				
1st	NOMARHAS, James, ACT	549	194.7	743.6
2nd	HUME, Sebastian, VIC	553	185.6	738.6
3rd	McCORMACK, Steve, NSW	549	186.0	735.0

10m Air Pistol Men

Placing				
1st	JUNG, Samaresh, India	579	97.0	676.0
2nd	REPACHOLI, Daniel, VIC	577	95.9	672.9
3rd	SINGH, Omkar, India	572	99.3	671.3

25m Rapid Fire Pistol Men

Placing				
1st	QUICK, Bruce, VIC	558	192.8	750.8
2nd	DOWLING, Bob, NSW	556	191.8	747.8
3rd	SRUHAN, Paul, NSW	547	185.8	732.8

10m Air Pistol Women

Placing				
1st	ASPANDIYAROVA, Dina VIC	389	100.8	489.8
2nd	YAUHLEUSKAYA, Lalita, VIC	377	99.3	476.3
3rd	RYAN, Linda, VIC	380	94.9	474.9

AUSTRALIA CUP RESULTS

Australia Cup 1 Sydney International Shooting Centre 6—9 March 2008

Shotgun Results

Trap Men

<i>Placing</i>		Comp Score	Final	Total
1st	DIAMOND, Michael	120	23	143
2nd	VELLA, Adam	114	23	137
3rd	PEDULLA, Nino	116	21	137

Trap Women

<i>Placing</i>				
1st	BALOGH, Suzanne	65	21	86
2nd	ROIALL, Stacy	67	16	83
3rd	TIGANI, Simone	62	20	82

Double Trap Men

<i>Placing</i>				
1st	MARK, Russell	140	43	183
2nd	TURNER, Tom	134	39	173
3rd	TREMBATH, Craig	129	43	172

Skeet Women

<i>Placing</i>				
1st	RAHMAN, Natalia	68	24	92
2nd	RYAN, Cherie	67	24	91
3rd	MARK, Lauryl	65	20	85

Skeet Men

<i>Placing</i>				
1st	RAHMAN, Paul	118	24	142
2nd	FERGUSON, Keith	113	24	137
3rd	SOTTOSANTI, Anthony	112	21	133

AUSTRALIA CUP RESULTS

Australia Cup 2 Sydney International Shooting Centre 6—9 March 2008

RIFE RESULTS

50m Rifle 3 Positions Women

<i>Placing</i>		Comp Score	Final	Total
1st	SAWANT, Tejaswini IND	584	94.7	678.7
2nd	SMITH, Susannah NSW	568	91.2	659.2
3rd	McCREADY, Sue VIC	564	94.7	658.7

50m Rifle 3 Positions Men

<i>Placing</i>				
1st	NARANG, Gagan IND	1153	97.2	1250.2
2nd	RAJPUT, Sanjeev IND	1154	95.6	1249.6
3rd	BURGE, Benjamin VIC	1146	96.4	1242.2

50M Rifle Prone Men

<i>Placing</i>				
1st	POTENT, Warren NSW	598	105.1	703.1
2nd	LOWE, Jason SA	594	102.7	696.7
3rd	NARANG, Gagan Ind	594	101.0	695.0

50m Rifle Prone Women

<i>Placing</i>				
1st	SAWANT, Tejaswini IND			591
2nd	CAROLYN, Sue NSW			588
3rd	HENS, Jennifer NSW			586

10m Air Rifle Women

<i>Placing</i>				
1st	SIDHU, Avneet IND	392	103.7	495.7
2nd	BHAGWANT, Anjali IND	395	100.3	495.3
3rd	AGARWAL, Priya IND	391	102.0	493.0

10m Air Rifle Men

<i>Placing</i>				
1st	RAGHUNATH, P.T. IND	595	103.8	698.8
2nd	RAJPUT, Sanjeev IND	591	103.7	694.7
3rd	NARANG, Gagan IND	587	101.8	688.8

AUSTRALIA CUP RESULTS

Australia Cup 2 Sydney International Shooting Centre 6—9 March 2008

Pistol Results

25m Rapid Fire Pistol Men

<i>Placing</i>		Comp Score	Final	Total
1st	FAVELL, Bruce QLD	564	196.4	760.4
2nd	QUICK, Bruce VIC	565	189.5	754.5
3rd	CHAPMAN, David SA	564	189.2	753.2

10m Air Pistol Men

<i>Placing</i>				
1st	SINGH, Vivek IND	582	97.7	679.7
2nd	REPACHOLI, Daniel VIC	574	101.5	675.5
3rd	SINGH, Omkar IND	575	99.2	674.2

10m Air Pistol Women

<i>Placing</i>				
1st	ASPANDIYAROVA, Dina VIC	387	100.9	487.9
2nd	RYAN, Linda VIC	378	99.2	477.2
3rd	McKENZIE, Pam WA	377	97.9	474.9

50m Pistol Men

<i>Placing</i>				
1st	REPACHOLI, Daniel VIC	554	94.5	648.5
2nd	SINGH, Omkar IND	549	92.5	641.5
3rd	SINGH, Amanpreet IND	549	91.3	640.3

25m Pistol Women

<i>Placing</i>				
1st	YAUHLEUSKAYA, Lalita VIC	588	206.5	794.5
2nd	McKENZIE, Pam WA	574	202.2	776.2
3rd	RYAN, Linda VIC	567	203.2	770.2

25m Standard Pistol Mixed

<i>Placing</i>				
1st	GIUSTINIANO, Mike WA			559
2nd	CHAPMAN, David SA			554
3rd	TOOHEY, Justin NSW			548

25m Centre Fire Pistol Men

<i>Placing</i>				
1st	DONNELLAN, John NSW			555

25m Pistol Mixed P3

<i>Placing</i>				
1st	McCORMACK, Steve NSW			554
2nd	BREMNER, Keith NSW			486
3rd	HUME, Sebastian VIC			0

50m Pistol Men P4

<i>Placing</i>				
1st	MCCORMACK, Steve NSW	520	89.9	609.9
2nd	HUME, Sebastian VIC	478	86.2	564.2
3rd	GLEESON, Mark VIC	484	78.4	562.4

10m Air Rifle Men

<i>Placing</i>				
1st	MARONEY, Jason VIC	597	104.8	701.8
2nd	CAIN, Luke VIC	580	102.5	682.5
3rd	BERGER, Robert NZL	576	100.6	676.6