



INTERNATIONAL SHOOTING SPORT FEDERATION
INTERNATIONALER SCHIESS-SPORTVERBAND e.V.
FÉDÉRATION INTERNATIONALE DE TIR SPORTIF
FEDERACION INTERNACIONAL DE TIRO DEPORTIVO

ISSF, Bavariaring 21, D-80336 München, Germany

All ISSF Member Federations

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Munich, 02.12.09 / BW

Re: Therapeutic Use Exemptions

Dear Member Federations,

This communiqué contains very important information on the revised Therapeutic Use Exemption process. Every athlete, coach, and team doctor should be made aware of the information below.

We ask that you please circulate the following important information to all your shooters, their coaching staff and medical team.

ABBREVIATED THERAPEUTIC USE EXEMPTIONS: (TUEs)

ATUE's were granted from 2004 to 2008 under a simplified process primarily for the use of asthma medications. They were usually valid up to two years.

As from 1 January 2009, Abbreviated TUE application forms are no longer being used by the ISSF or any other sporting organizations. If you have an existing ATUE which was completed before 1 January 2009, it remains valid until December 31 2009.

In other words:

- **ATUE's will no longer be valid past December 31, 2009.**
- **Any shooter who currently has an ATUE must re-submit a new and complete TUE application form for use of the substance in question before December 2009.**

NEW GUIDELINES

Before the expiry of ATUEs please follow these guidelines:

For the use of Glucocorticosteroids

The type of documentation that must be submitted for the use of glucocorticosteroids depends on the “route of administration” (how you administer or take the medication). There are three possibilities:

1. **A full TUE application** must be completed if Glucocorticosteroids are taken orally, by intravenous injection, by intramuscular injection or rectally.
2. **A Declaration of Use form** must be completed if Glucocorticosteroids are taken by inhalation, intradermal injection, epidural injection, intra-articular injection, periarticular injection or peritendinous injection.
3. **No documentation** needs to be submitted for the use of Glucocorticosteroids by dermatological, auricular, buccal, gingival, nasal, perianal or ophthalmic routes.

For the use of Beta 2 Agonists for Asthma

For Beta 2 agonists (salbutamol, formoterol, terbutaline or salmeterol) taken by inhalation for the treatment of asthma, a TUE for Asthma and a full medical file to confirm the diagnosis of asthma and/or its clinical variants must be submitted to the ISSF.

As of 2010 salbutamol and salmeterol are permitted by inhalation and a TUE is not necessary, instead a Declaration of Use must be sent. (Inhaled salbutamol is only permitted to a maximum 1600 micrograms over 24 hours.)

For the use of any other medication

For an application for therapeutic use of any other substance or method which is included in the Prohibited List, a full TUE application form must be completed along with a complete medical file.

Submission requirements:

- ✓ All TUE applications for ISSF shooters must be received by the ISSF at least 21 days before medication is commenced. **Failure to do so can result in an anti-doping rule violation.**
- ✓ All Declaration of Use form must be submitted to the ISSF or the NADO as soon as any substance starts being used and in all circumstances - prior to competition. **Failure to do so can result in an anti-doping rule violation.**
- ✓ To assist doctors in attaching the correct medical documentation the ISSFs encourages all to access the WADA website to obtain guidelines on the medical information required to support several common medical conditions - www.wada-ama.org in the Therapeutic Use Exemptions section.
- ✓ All TUE applications and Declaration of Use Forms submitted to the ISSF must be submitted in legible English. Written medical reports must also be submitted in legible English, although results of tests may be in the original language.

- ✓ Those who have access to ADAMS must submit their Therapeutic Use Exemption or Declaration of Use Form through ADAMS. As with whereabouts information, a third party can be delegated to enter this information into the shooter's ADAMS account.
- ✓ Shooters who do not currently use ADAMS can request an ADAMS user account from Barbara Wittmann at ISSF Headquarters or from their NADO. The ADAMS TUE User Guide can be downloaded from the WADA website at www.wada-ama.org However, submitting TUEs via ADAMS is only mandatory for members of the ISSF registered testing pool, everyone else is still free to use the usual form. (The list of the ISSF registered testing pool can be found here: http://www.issf-shooting.org/antidoping/resources_for_athletes_coaches/registered_testing_pool.ashx)
- ✓ International shooters who do not have access to ADAMS must submit the information to the ISSF to the attention of Ms. Barbara Wittmann at barbara@issf-sports.org or by fax at +49-89-54435544.
- ✓ For international level shooters, the ISSF TUE Committee may grant a TUE approval for up to 3 years and shall send a confirmation thereof.
- ✓ All national level shooters should contact their respective NADO for any clarifications on specific national submission and approval requirements.

We remind you once again that no TUEs will be granted by the ISSF for the use of Beta-Blockers.

Please do not hesitate to contact Barbara Wittmann for any further clarifications.

You can download the application forms from our website's anti-doping section:

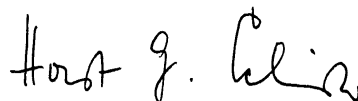
http://www.issfnews.com/getfile.aspx?mod=docf&pane=10&inst=14&iist=24&file=TUE_standard_form.doc
- TUE application form

http://www.issfnews.com/getfile.aspx?mod=docf&pane=10&inst=14&iist=24&file=Declaration_of_Use_for_m.pdf - Declaration of Use form

http://www.issfnews.com/getfile.aspx?mod=docf&pane=10&inst=14&iist=24&file=Circular_Letter_2009_-_ATUE.pdf - Our last circular letter regarding the same topic.

We thank you for taking particular attention in this very important matter.

With best regards



Horst G. Schreiber
ISSF Secretary General